



## FROM THE PRESIDENT

## NOVEMBER MEETING



### COMMITTEE

#### President

Ross Bruwel

#### Vice President

Gerald Christmas

#### Imm. Past Pres.

Richard Hannaford

#### Secretary

Bob Pearce

#### Treasurer

James Ritchie

#### Committee

Alan Ambler

Allan Blake

Tony Bowra

Brian Cohen

Peter Cornish

Peter Davenport

David Harris

Hugh Seccombe

Barry Stone

Rufus Wolfson

#### OTHER ROLES

#### Minute Secretary

John Mattes

#### Cashier

Hugh Seccombe

#### Hon Auditor

David Lloyd

#### Speakers

Brian Cohen

#### Welfare Officer

Tom Ingham

#### Tours, Outings

Barry Stone

Tony Bowra

#### Music, Art

John Brooks

Gerald Christmas

#### Newsletter

Peter Dee

#### Outreach

Stewart Horwood

#### Meetings

#### Coordinator

Martin Grover

#### Hospitality & Jims Jaunts

Jim Holloway

#### Golf

Tony Travers

John Pike

#### Cycling

Michael Baston

Stewart Horwood

#### Tennis

David Harris

#### 2Fifty Club

John Minnett

#### Postman

Bob Pearce

#### Website

Geoff Lumsdaine

Peter Dee

### Fellow Members and Partners

At this time of year we have to plan further ahead. There is no General Meeting in December or January yet we have two great activities, our Christmas Lunch in December and the Balls Head BBQ in January. These are both a great way to meet and socialise with your fellow members their partners and friends.



We have in the past held a January informal meeting where a few of our members present one of their travel highlights. Because this is a busy family time of year we have instead moved this to March when we normally don't have a guest speaker because of the March AGM. If you would like to contribute please give it some thought and let me know.

Now is the time when we call for nominations to fill the 10 committee positions and four executive positions for the 2017/2018 year. I encourage you and particularly our newer members to consider joining us on the Committee. It really is an enjoyable experience - just ask one of us about it.

This month 40 of us enjoyed a weeklong tour of the Bellingen/Macleay Valley and Coffs Coast areas. We travelled by coach and stayed five nights at the Bellingen Valley Lodge. Highlights included a visit to Grafton coinciding with Jacaranda Day, a tour of the old Trial Bay Gaol at beautiful South West Rocks, a visit to Dorrigo including the magnificent rainforest canopy viewed from the Skywalk, the lovely village of Bellingen, numerous coffee stops and the very happy company and fellowship of our Probuss friends.... a big thank you to Barry & Tony for their tireless effort & superb organisation.

Did you know.... October has been Mental Health Month in NSW? The theme this year is *Learn and Grow*. It is encouraging to see the subject of mental health now being discussed more widely. The current emphasis on male suicide prevention in the MANUP television series is a good example. It is also encouraging for us to be reminded that in the general population the percentage of mental disorders decreases with increasing age and that good mental health is associated with healthy ageing.

The Beyondblue organisation produces a series of booklets on anxiety and depression - one of which is called *OverBl\*\*dy Eighty*. It is a short and uplifting collection of personal stories of 22 men and women between the ages of 84 and 96 along with a list of resources for those who are feeling blue. The booklet is worth reading and along with other resources can be found via [www.beyondblue.org.au](http://www.beyondblue.org.au) or 1300 224 636.

I would like to welcome new member Peter Stevens. Our membership is now in the 120s.

**Ross Bruwel, President**

on tour at the Coffs Harbour lookout



This month's meeting will be held on **Tuesday 8th November** in the **Auditorium** at North Sydney Leagues Club, Abbott St Cammeray

- 10:00 - 10:20 general business
- 10:20 - 10:30 personal corner
- 10:30 - 11:00 morning tea
- 11:00 - 11:55 guest speaker
- 11:50 - 12:00 wrap-up
- 12:00 - optional lunch and snooker

### Guest Speaker

#### KEN DONE - Artist

Since his first solo exhibition in 1980, Ken Done has become one of Australia's most famous artists. His work has been described as the most original style to come out of Australia, and his paintings are in collections throughout the world.

Born in 1940 in Sydney, Ken left school at 14 to enter the National Art School in East Sydney. After five years study, he commenced a highly successful career as an art director and designer in New York, London and Sydney. At the age of 40, after painting for many years, he gave up his advertising career to become a painter full-time. Since then he has held over 50 one-man shows including major exhibitions in Australia, Europe, Japan and the USA; his works have been shown in the Archibald, Sulman, Wynne, Blake, and Dobell exhibitions.

Major projects in a diverse career include the painting of a BMW Artcar, the cover of Japanese magazine *Hanako* for over 15 years, a series of works for the Opening and Closing Ceremonies programs of the Sydney 2000 Olympic Games and the decorative scheme for the Powerhouse Museum Garden Restaurant in Sydney.

Ken Done has been a UNICEF Goodwill Ambassador since 1988 and, in 1992, received the Order of Australia (AM) for services to Art, Design and Tourism. Ken lives and works in Sydney.

### New Members

#### PETER STEVENS

Career: General Commercial Business  
Last Position: General Manager/Director  
Interests: Living life to the full  
Peter & Libby live in Mosman

### Personal Corner

#### BRIAN THOMAS

Brian is a retired chartered accountant who is married to Ros and lives in Waverton. Brian enjoys bushwalking, volunteer church work, music, cycling

## OUTINGS

### SYDNEY TOWN HALL TOUR

**Tuesday 22nd November 2016**

Renowned for its high Victorian interiors and rich decoration Sydney Town Hall is the largest and most ornate late 19th century building in Australia. It is also a busy working building and venue for a wide variety of events during the year. Our tour of the Town Hall will be led by a volunteer from "Friends of the Town Hall". The tour will include the Centennial Hall, the Vestibule, Grand Organ, Council Chamber, Lady Mayoress's Suite, Lord Mayor's Reception Room, Lower floor grave sites and other features including a large model of the city in Town Hall House. Cost \$5pp for the tour. There is a limit of 30 people so please sign on early to avoid disappointment.



### CHRISTMAS LUNCH

**Tuesday 13th December 2016**

This year the venue for our annual Christmas lunch will be the Manly Golf Club from noon. The historic 1920s clubhouse is regarded as one of Sydney's finest Georgian Mediterranean buildings. We are sure that you will really enjoy this experience. Cost is \$65pp including food, a welcome drink and some wine on the table. Check out the flyer for more details. Join us by adding your name to the sign-on sheet and choose your menu.



**Barry Stone**  
**Tony Bowra**

**9953 6748**  
**9969 1128**



Mr Peacock at Coffs Harbour



one of the many sculptures by the sea

## Next GUEST SPEAKER

**Harvey BROADBENT**  
**Kemal Ataturk and Post WW1**  
**Turkey**

## OUTINGS

### HIGH TEA at Balls Head

**Tuesday 24th January 2017**

The British tradition of High Tea began in the mid-1700s but we all know that the Aussie version is really an informal BBQ. So please join us at our annual *High Tea* BBQ. The setting is spectacular and the company is great. All in all, it will put us in a good frame of mind to commence 2017. We will provide the sausages and onions, bread and butter, plates, utensils, and cups ... and the wine and juices. And a few of us will volunteer to do the cooking for you. So please join us and invite your friends too. There is a modest charge of \$10pp payable online or by cash or cheque at the November meeting. Sign-on at the November meeting and come by car to Balls Head Reserve, Waverton for a start time of 4pm;

### JOADJA CREEK HERITAGE Tour

**Tues 28th Feb-1st Mar 2017**

Located near Mittagong, Joadja Creek is an historic village/ghost town established by the Australian Kerosene Oil and Mineral Company in the late 1870s.



Unfortunately the town lasted only until 1911 and has slowly decayed until some recent restoration. Travelling by luxury coach, we shall tour this fascinating site followed by a BBQ lunch. We then head to Mittagong and an overnight stay at the 4-star Springs Resort in Mittagong.

The next morning we visit historic Berrima for a guided tour of the Courthouse, which operated from 1838 to 1873, and a stroll through the historic township.

Lastly we visit Bargo for lunch and a guided tour of the Dingo Sanctuary established there to promote a better understanding of Australia's native dog.

Cost is \$260pp including transport, accommodation and all meals. Check out the flyer for more details and add your name to the sign-on sheet at Tuesday's meeting.

**Barry Stone**  
**Tony Bowra**

**9953 6748**  
**9969 1128**

### Committee Nominations 2017

Members are invited to consider nominating to join the 2017 Committee effective from the March AGM. See President Ross or any committee member for advice on the work undertaken by the committee and a nomination form

## Next PERSONAL CORNER

**Terry CRONAN**

## ACTIVITIES

### ART & MUSIC

**Gerald Christmas**

**9960 1005**

Once per month at the City Recital Hall in Angel Place listen to lunchtime concerts by different artists for a fee of \$15pp; concerts start at 12:30pm.

Also at the City Recital Hall see Handel's *Theodora* on 30 Nov and 1,3,4 & 6 Dec.

At the Mosman Art Gallery, *Wildthing: Animals in Contemporary Australian Art* until 27 November.

*Looking for Light* exhibition by Rosemary Christmas & Marguerite de Fondaumiere at the Concourse Chatswood 23Nov-04Dec

### CYCLING

**Stewart 9439 9609 or Allan 9960 8830**

Monday routes & times vary. Saturdays, we ride around the wharves & Barangaroo from Glebe or Milsons Point, say 25km; start at 7:45am, finish around 10:00am. If interested in

Saturdays, contact Stewart Horwood or Allan Blake. Details on our group e-mail.



### 9 HOLE GOLF

**Tony Travers**

**9439 4996**

Each Monday from 9:45am at the Lane Cove Country Club.

### MOVIE ENJOYMENT GROUP

**David Bruce-Steer**

**9419**

**7017**

We meet at the Cremorne Orpheum on 4th Monday each month. Look out for the flyer.

### ROLL-UP LAWN BOWLS

**Peter Cornish**

**9909 8994**

The usual venue for Wednesday morning Roll-up Lawn Bowls is at North Sydney Bowling Club at St Leonards Park. For more news, contact Peter.



### SAILING

**Ross Bruwel**

**0421 817 106**

Ross invites you to sail with him on his yacht *Renada* on Tuesday 29th November; embarkation is usually at Middle Harbour Yacht Club.



### TENNIS

**David Harris**

**9488 5259**

Tennis will be held at *Love n Deuce* in Talus St, Naremburn on Monday 21st November between 2 and 4pm. Sign the sheet at the next meeting or contact David.

### Payments:

Kindly pay for outings in advance of any deadline and online if possible. When paying online, please ensure that you quote the relevant activity, perhaps abbreviated, in the description to eliminate confusion.

Note the new bank account details

**BSB 082057 a/c no: 28869 5672**  
**a/c name: Probus Club of Neutral Bay.**